

**D-6574**

**Sub. Code**

**36311**

**DISTANCE EDUCATION**

**M.Sc.(Psychology) DEGREE EXAMINATION,  
DECEMBER 2024.**

**First Semester**

**THEORETICAL PERSPECTIVES IN PSYCHOLOGY**

**(CBCS 2018 – 2019 Academic Year Onwards)**

**Time : Three hours**

**Maximum : 75 marks**

**SECTION A — (10 × 2 = 20 marks)**

**Answer ALL questions.**

1. What are the three elements of personality according to Jung?
2. Define classical conditioning.
3. State the ERG theory.
4. Write the four conditions to achieve self-actualization as given by Rogers.
5. What is dissonance?
6. What are the different types of healing?
7. List out the four elements of language.
8. What do you mean by sustained attention?
9. Define illusion.
10. State the law of simplicity.

SECTION B — (5 × 5 = 25 marks)

Answer ALL questions, choosing either (a) or (b).

11. (a) Explain the Sigmund Freud's approach of psycho analytical perspective.

Or

- (b) Write some phenomena of classical conditioning.

12. (a) Briefly state McGregor's theory X and theory Y and discuss their assumptions.

Or

- (b) Explain the existential approach to personality.

13. (a) Discuss Brehm's personality dissonance theory.

Or

- (b) Elucidate the Bandura's model of social learning theory.

14. (a) Give a detailed description of the Buddhist theory of motivation.

Or

- (b) Discuss in detail the four stages of memory.

15. (a) Define attention. Explain the various determinants of attention.

Or

- (b) Elaborate perceptual process in the light of Gestalt theory.

SECTION C — ( $3 \times 10 = 30$  marks)

Answer any THREE questions.

16. Explain Carl Jung's theory of personality.
  17. Give a detailed description of Maslow's "Needs hierarchy theory".
  18. Discuss the cognitive balance and dissonance theory with its application.
  19. Discuss in detail the four stages of memory.
  20. Explain in detail about the implications of Lewin's field theory.
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**D-6575**

**Sub. Code**

**36312**

**DISTANCE EDUCATION**

**M.Sc.(Psychology) DEGREE EXAMINATION,  
DECEMBER 2024.**

**First Semester**

**LIFE SPAN PSYCHOLOGY**

**(CBCS 2018 – 2019 Academic Year Onwards)**

**Time : Three hours**

**Maximum : 75 marks**

**SECTION A — (10 × 2 = 20 marks)**

**Answer ALL the questions.**

1. What is called teratology?
2. Write short note on identity crisis in adolescence.
3. Define : psychometric.
4. Mention any four Adolescent's problem.
5. Define the term "Juvenile delinquency".
6. What are the causes of empty nest syndrome?
7. Bring out the stages of dying.
8. What is called attitude?
9. Distinguish biological growth vs cognitive growth.
10. Derive the theory of post formal thought.

SECTION B — (5 × 5 = 25 marks)

Answer ALL the questions, choosing either (a) or (b).

11. (a) Explain the physical and cognitive development in early childhood.

Or

- (b) Write the history of marking adolescence.

12. (a) Enumerate the preventive measures on HIV and AIDS.

Or

- (b) What are the group task performance? Explain.

13. (a) What is ADHD? Discuss the school programmes to overcome ADHD.

Or

- (b) How do different styles of parenting influence child development?

14. (a) What are the role of parents in personality and social development of a child?

Or

- (b) Critically analyse the need of good parenthood in modern scenario.

15. (a) Expound the role of psychoanalytic theory in personality development.

Or

- (b) Explain the principles of development.

SECTION C — ( $3 \times 10 = 30$  marks)

Answer any THREE questions.

16. Describe the development of adoptive and positive behaviour.
  17. Elucidate the Piaget's model.
  18. Elucidate the role of groups in overcoming anxiety and stress disorders at old age level.
  19. Precise your views on "suicide a major menace among adolescent".
  20. Express your views on midlife crisis and transition. Suggest remedies to overcome.
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**D-6576**

**Sub. Code**

**36313**

**DISTANCE EDUCATION**

**M.Sc. (Psychology) DEGREE EXAMINATION,  
DECEMBER 2024.**

**First Semester**

**SOCIAL PSYCHOLOGY**

**(CBCS 2018 – 2019 Academic Year Onwards)**

**Time : Three hours**

**Maximum : 75 marks**

**SECTION A — (10 × 2 = 20 marks)**

**Answer ALL the questions.**

1. Define social psychology.
2. What is self-concept?
3. What are the components of attitude?
4. What is aggression?
5. Write a brief note on prosocial behaviour.
6. What is persuasiveness?
7. What is social influence?
8. What do you mean by group?
9. How is attitude formed?
10. What is meant by role conflict?

SECTION B — (5 × 5 = 25 marks)

Answer ALL the questions, choosing either (a) or (b).

11. (a) Bring out the relationship between sociology and anthropology.

Or

- (b) What are the levels of social behaviour?

12. (a) Explain the impact of low self-esteem.

Or

- (b) What are the functions of attitude?

13. (a) Suggest ways to reduce prejudice.

Or

- (b) What are the factors causing altruistic behaviour?

14. (a) Explain the factors affecting conformity.

Or

- (b) Evaluate the stages in group formation.

15. (a) Explain the errors of attribution process.

Or

- (b) Bring out the factors causing internal perception.



SECTION C — ( $3 \times 10 = 30$  marks)

Answer any THREE questions.

16. Explain any three research methods in social psychology.
  17. Analyse the ways to reduce aggressive behaviour.
  18. Describe the possible behaviours towards change.
  19. Discuss the sources of cohesiveness of a group.
  20. Elaborate the role of psychology in the new millennium.
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**D-6577**

**Sub. Code**

**36321**

**DISTANCE EDUCATION**

**M.Sc.(Psychology) DEGREE EXAMINATION,  
DECEMBER 2024.**

**Second Semester**

**THEORIES OF PERSONALITY**

**(CBCS 2018 – 2019 Academic Year Onwards)**

**Time : Three hours**

**Maximum : 75 marks**

**SECTION A — (10 × 2 = 20 marks)**

**Answer ALL questions.**

1. What is personality?
2. Write a short note on super ego.
3. What is personality change?
4. Write a brief note on introverts.
5. What do you mean by Dilemma?
6. What is anxiety?
7. Mention the four stages of childhood.
8. What is meant by motive?
9. What is the first process in observational learning?
10. What is self-reinforcement?

SECTION B — (5 × 5 = 25 marks)

Answer ALL questions, choosing either (a) or (b).

11. (a) What are the major factors that influence personality?

Or

- (b) Can personality traits change over time? If so, how?

12. (a) Explain Alfred Adler's concept of individual psychology.

Or

- (b) What are the ethical considerations in personality assessment?

13. (a) What is the impact of globalization on personality development in the 21<sup>st</sup> century?

Or

- (b) How does Allport classify human traits? Describe.

14. (a) How does B.F. Skinner's theory of operant conditioning apply to personality?

Or

- (b) Examine the process of observational learning.

15. (a) Explain different methods of self-control according to Skinner.

Or

- (b) What is Kelly's basic assumption in his personality construct theory?

SECTION C — ( $3 \times 10 = 30$  marks)

Answer any THREE questions.

16. Discuss the process of personality development.
  17. How does Abraham Maslow's hierarchy of needs relate to personality development?
  18. How do nature and nurture interact in the development of personality?
  19. What is the significance of Eysenck's theory of personality, and how does it incorporate biological factors?
  20. What are the key stages of Erickson's psychosocial development theory? Discuss.
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**D-6578**

**Sub. Code**

**36322**

**DISTANCE EDUCATION**

**M.Sc.(Psychology) DEGREE EXAMINATION,  
DECEMBER 2024.**

**Second Semester**

**RESEARCH METHODOLOGY**

**(CBCS 2018 – 2019 Academic Year Onwards)**

**Time : Three hours**

**Maximum : 75 marks**

**SECTION A — (10 × 2 = 20 marks)**

**Answer ALL the questions.**

1. What is research in social science?
2. What are the key steps in planning a research study?
3. What is sampling design?
4. Write a note on a good sample in research.
5. List out the primary sources of data in research.
6. Mention two key difference between quantitative and qualitative research.
7. Explain the difference between on interview schedule and a questionnaire.
8. What is research problem?
9. What are research tools?
10. Define validity in the context of research tools.

SECTION B — (5 × 5 = 25 marks)

Answer ALL the questions, choosing either (a) or (b).

11. (a) Discuss the meaning of research.

Or

- (b) Explain the different modes of data collection in research.

12. (a) Describe the types of research.

Or

- (b) What are the characteristics of a good hypothesis?

13. (a) Differentiate between probability sampling and non-probability sampling.

Or

- (b) Discuss the various sources of data available to researcher.

14. (a) Discuss the concept of a research problem.

Or

- (b) Describe the process of developing a new research tool.

15. (a) Explain the different types of research.

Or

- (b) Compare the use of structural and unstructural interview in qualitative research.

SECTION C — ( $3 \times 10 = 30$  marks)

Answer any THREE questions.

16. Critically analyse the various criteria for selecting a research problem. How do these criteria impact the feasibility and relevance of the research?
  17. Describe the essentials of a good schedule in research.
  18. Discuss the ethical considerations involved in selecting a sampling method.
  19. Evaluate the challenges involved in data collection through interviews.
  20. Examine the challenges researches might face in defining a good research problem.
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**D-6579**

**Sub. Code**

**363231**

**DISTANCE EDUCATION**

**M.Sc.(Psychology) DEGREE EXAMINATION,  
DECEMBER 2024.**

**Second Semester**

**EDUCATIONAL PSYCHOLOGY**

**(CBCS 2018 – 2019 Academic Year Onwards)**

**Time : Three hours**

**Maximum : 75 marks**

**SECTION A — (10 × 2 = 20 marks)**

**Answer ALL questions.**

1. Define psychology.
2. List out the stages of cognitive development.
3. Write a brief note on extinction.
4. What is convergent thinking?
5. What is reception according to Ausubel's theory?
6. Write a short note on case study.
7. What is constructivism?
8. What is problem solving?
9. Define intelligence.
10. What is co-operative learning?



SECTION B — (5 × 5 = 25 marks)

Answer ALL questions, choosing either (a) or (b).

11. (a) Describe the history of psychology.

Or

- (b) Bring out the difference between classical conditioning and operant conditioning.

12. (a) How do you enhance creative thinking in children? Explain.

Or

- (b) What are the merits and demerits of experimental method?

13. (a) Explain the causes of delinquency.

Or

- (b) What are the characteristics of slow learning children?

14. (a) Explain different counselling skills.

Or

- (b) How can a teacher apply operant conditioning theory in the classroom? Describe.

15. (a) Discuss the adjustment problems faced by students in college.

Or

- (b) How is a counselor expected to be? Explain.

SECTION C — ( $3 \times 10 = 30$  marks)

Answer any THREE questions.

16. Explain various branches of psychology.
  17. 'Motivation is the heart of the learning process' – Discuss.
  18. What are the components of effective discipline? Describe.
  19. Describe the remedial measures to prevent delinquency.
  20. How does Jean Piaget's theory of cognitive development apply to education? Elucidate.
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<b>D-6580</b>
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<b>Sub. Code</b>
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<b>363232</b>
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DISTANCE EDUCATION

M.Sc.(Psychology) DEGREE EXAMINATION,  
DECEMBER 2024.

Second Semester

REHABILITATION PSYCHOLOGY

(CBCS 2018 – 2019 Academic Year Onwards)

Time : Three hours

Maximum : 75 marks

SECTION A — (10 × 2 = 20 marks)

Answer ALL the questions.

1. Define rehabilitation psychology.
2. What are the basic principles of psychological rehabilitation?
3. What is a primary competency of rehabilitation psychologists in terms of patient assessment?
4. What is crucial element in designing training programmes for rehabilitation psychologist?
5. How does assessment play a role in psychological rehabilitation?
6. Define marital rehabilitation in the context of psychological services.
7. Define disability.
8. What is a multidisciplinary approach to rehabilitation?

9. What is early intervention?
10. Define the role of self-esteem.

SECTION B — ( $5 \times 5 = 25$  marks)

Answer ALL the questions, choosing either (a) or (b).

11. (a) What are the key professional competencies of rehabilitation?

Or

- (b) How does a rehabilitation psychologists knowledge of neuro psychology contributes to their practice?

12. (a) Explain the importance of comprehensive assessment in the psychological rehabilitation process.

Or

- (b) Discuss the concept of disability used how it has evolved over time.

13. (a) Briefly explain why collaboration is important in a multidisciplinary rehabilitation approach.

Or

- (b) How do societal attitude towards disability impact individuals with disabilities?

14. (a) What is the role of a psychologist in a multidisciplinary rehabilitation team?

Or

- (b) Discuss the importance of early intervention in the development of children with special needs.

15. (a) What factors influence the personality development of individuals with disabilities?

Or

- (b) How can social interaction impact the personality development of disabled person?

SECTION C — ( $3 \times 10 = 30$  marks)

Answer any THREE questions.

16. Discuss professional competencies required for effective practice an a rehabilitation psychologist.
17. Evaluate the key components of an effective training programme for rehabilitation psychologist.
18. Analyze the various work setting in which rehabilitation psychological may practice.
19. Discuss the concept and objectives of psychological rehabilitation. How does it differ from physical rehabilitation?
20. Examine the process of training needs analysis (TNA) for rehabilitation psychologists.
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**D-6581**

**Sub. Code**

**36331**

**DISTANCE EDUCATION**

**M.Sc.(Psychology) DEGREE EXAMINATION,  
DECEMBER 2024.**

**Third Semester**

**COGNITIVE NEUROPSYCHOLOGY**

**(CBCS 2018 – 2019 Academic Year Onwards)**

**Time : Three hours**

**Maximum : 75 marks**

**SECTION A — (10 × 2 = 20 marks)**

**Answer ALL the questions.**

1. What is division of attention?
2. Describe the function on thalamus.
3. What is MEG?
4. What is pattern recognition?
5. Illustrate working memory with suitable.
6. What is shiffrin model?
7. What do you mean by false memory?
8. What is mental imagery?
9. What do you mean by lower of Hancei?
10. What is inductive reasoning?

SECTION B — ( $5 \times 5 = 25$  marks)

Answer ALL the questions, choosing either (a) or (b).

11. (a) Write short note on term memory episodic.

Or

- (b) Describe the recall reconstruction in memory.

12. (a) Describe Fechner's contributions.

Or

- (b) Explain viscopatial subcodes.

13. (a) Describe organic causes of forgetting.

Or

- (b) Discuss types of memory.

14. (a) Describe MRI, PET, fMRI.

Or

- (b) Describe historical antecedents of approaches.

15. (a) List out types of injury.

Or

- (b) Briefly explain computer assisted neuropsychological rehabilitation.

SECTION C — ( $3 \times 10 = 30$  marks)

Answer any THREE questions.

16. Write short notes on (a) selective attention (b) multimode theory.
  17. Discuss the emergency of different approaches to cognitive psychology information processing.
  18. Discuss in detail problem solving process.
  19. Explain theories of memory.
  20. Write short notes on :  
ROC curve top down process, Steven's power law.
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**D-6582**

**Sub. Code**

**36332**

**DISTANCE EDUCATION**

**M.Sc.(Psychology) DEGREE EXAMINATION,  
DECEMBER 2024.**

**Third Semester**

**COUNSELLING THEORIES AND TECHNIQUES**

**(CBCS 2018 – 2019 Academic Year Onwards)**

**Time : Three hours**

**Maximum : 75 marks**

**SECTION A — (10 × 2 = 20 marks)**

**Answer ALL the questions.**

1. Name the two important instincts as proposed by Freud.
2. What is counter transference?
3. What is free associative?
4. What is empathy?
5. What do you mean by values in counselling?
6. Write a note on problem solving technique.
7. List out the desirable characteristics of a counsellor.
8. What do you mean ego-defense mechanisms?
9. What are the different approaches to counselling?
10. Briefly explain trait factor.

SECTION B — (5 × 5 = 25 marks)

Answer ALL the questions, choosing either (a) or (b).

11. (a) Evaluate the gestalt approach to counselling.

Or

- (b) Describe Watson's conditional behaviorism.

12. (a) In what legal instance can the counsellors break confidentiality?

Or

- (b) Explain the importance of consciousness and unconsciousness according to Freud.

13. (a) Describe the different ego defence mechanism.

Or

- (b) What personality characteristics of the counselor ensure effective counselling?

14. (a) Explain the suitcase analogy.

Or

- (b) Discuss the scope of counselling.

15. (a) Write a note on person centered theory.

Or

- (b) Briefly explain the rational emotive therapy (Ellis).

SECTION C — ( $3 \times 10 = 30$  marks)

Answer any THREE questions.

16. Explain the Aims, Scope and characteristics of counselling.
  17. Describe Meichenbaum's self instructional training.
  18. Explain the methods used for relaxation and its irefulness in therapy.
  19. Elaborate Eysenck's incubation theory.
  20. Explain the strength and limitation of behavioural approach.
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**D-6583**

**Sub. Code**

**36333**

**DISTANCE EDUCATION**

**M.Sc.(Psychology) DEGREE EXAMINATION,  
DECEMBER 2024.**

**Third Semester**

**PSYCHOPATHOLOGY**

**(CBCS 2018 – 2019 Academic Year Onwards)**

**Time : Three hours**

**Maximum : 75 marks**

**SECTION A — (10 × 2 = 20 marks)**

**Answer ALL questions.**

1. Give an account on historical views of abnormal behavior.
2. Define anxiety disorder.
3. List the types of unipolar disorders.
4. What is dissociative disorders?
5. Write note on sexual desire disorder.
6. Give the treatment for personality disorder.
7. What is experimental therapy?
8. Write note on Deinstitutionalisation.
9. Write the risk factors in mood disorder.
10. What is primary Hypersomnia?

SECTION B — (5 × 5 = 25 marks)

Answer ALL questions, choosing either (a) or (b).

11. (a) Discuss the casual factors for Abnormal Behaviour.

Or

- (b) Explain the types of Bipolar Disorders.

12. (a) Explain somatoform disorder.

Or

- (b) Discuss about orgasmic disorders and sexual pain disorders.

13. (a) Explain GAD – generalised anxiety disorder.

Or

- (b) Discuss the causes and treatment for OCD.

14. (a) Explain DSM-14 classification.

Or

- (b) Describe the clinical features of personality disorders.

15. (a) Describe cognitive behaviour therapy.

Or

- (b) Explain the subtypes of schizophrenia.

SECTION C — ( $3 \times 10 = 30$  marks)

Answer any THREE questions.

16. Discuss the causal factors and the treatment for phobias.
  17. Explain unipolar mood disorders with its causal factors, treatment and outcome.
  18. Discuss the ICD-10 classification.
  19. Describe the clinical description and causes for post-traumatic stress disorder.
  20. Discuss the psychological and behavioural treatment of sleep disorder.
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**D-6584**

**Sub. Code**

**36341**

**DISTANCE EDUCATION**

**M.Sc.(Psychology) DEGREE EXAMINATION,  
DECEMBER 2024.**

**Fourth Semester**

**ABNORMAL PSYCHOLOGY**

**(CBCS 2018 – 2019 Academic Year Onwards)**

**Time : Three hours**

**Maximum : 75 marks**

**SECTION A — (10 × 2 = 20 marks)**

**Answer ALL questions.**

1. What are the multi dimensions models of abnormal behaviour?
2. What is meant retardation? Give example.
3. What is somatoform disorders?
4. What DSM 4 classification?
5. Write a short note on cyclothymiacs disorders.
6. What are the classification of mental disorders according to ICD 10?
7. What is meant by Addictive disorders?
8. What is trauma?
9. What is the most cause of adjustment behaviour?
10. What is hypochondriasis?

SECTION B — (5 × 5 = 25 marks)

Answer ALL questions, choosing either (a) or (b).

11. (a) Briefly explain the five axes or dimensions of diagnostic and statistical manual.

Or

- (b) Briefly explain the meaning or concept of normality.

12. (a) Explain the way to treat the Autism Spectrums Disorders Child.

Or

- (b) What is intellectual disability? How it is to be diagnosed?

13. (a) What are the most common causes of psychosis?

Or

- (b) Briefly state the consumer decision making process and its importance.

14. (a) What is mood disorders? Explain its types.

Or

- (b) State the different between somatoform and dissociative disorders.

15. (a) What is brain disorders? Explain any four types of brain disorders.

Or

- (b) Briefly explain the common symptoms of anxiety disorders.



SECTION C — ( $3 \times 10 = 30$  marks)

Answer any THREE questions.

16. Discuss the structure and dynamics of personality as mentioned by Allport.
  17. What are Anxiety Disorders? Explain the various types of anxiety disorders.
  18. Explain the form models of consumers decision making.
  19. What is schizophrenia? What are the five symptoms of schizophrenia?
  20. What is mental retardation? Explain its levels.
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<b>D-6585</b>
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<b>Sub. Code</b>
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<b>36342</b>
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DISTANCE EDUCATION

M.Sc.(Psychology) DEGREE EXAMINATION,  
DECEMBER 2024.

Fourth Semester

ENVIRONMENTAL PSYCHOLOGY

(CBCS 2018 – 2019 Academic Year Onwards)

Time : Three hours

Maximum : 75 marks

SECTION A — ( $10 \times 2 = 20$  marks)

Answer ALL the questions.

1. What is the nature of environmental psychology?
2. How has environmental psychology contributed to changing the world?
3. Define environmental perception.
4. Explain the concept of spatial cognition.
5. What is meant by attachment and identity in environmental psychology?
6. Describe the concept of personal space.
7. How does noise impact human health and well-being?
8. Discuss the relationship between environmental stress and over population.

9. What is the role of media practioners in environmental planning?
10. Explain the concept of sustainable design.

SECTION B — ( $5 \times 5 = 25$  marks)

Answer ALL questions, choosing either (a) or (b).

11. (a) Discuss the nature and scope of environmental psychology.

Or

- (b) Discuss the effects of environmental stressors such as crowding, noise and overpopulation on human health.

12. (a) Describe the impact of weather and climate on human behaviour and perception.

Or

- (b) Explain the psychology of environmental problems and discuss sustainable design as a solution to there problems.

13. (a) How do NGOs contribute to environmental behavior change?

Or

- (b) Discuss the role of media practitioners in promoting environmental awareness.

14. (a) Discuss the theories of environmental perception.

Or

- (b) Describe the role of stress in understanding the relationship between individuals and their enviornmnet.

15. (a) Explain the importance of evaluating the adequacy of environmental research.

Or

- (b) Explain the concept of psychological stressors, particularly noise as a ubiquitous pollutant.

SECTION C — ( $3 \times 10 = 30$  marks)

Answer any THREE questions.

16. Explore different modes and theories that explain the relationship between the environment and behavior.
17. Discuss the impact of environmental stressor such as crowding, noise and overpopulation on human health.
18. Explore the contributions of environmental psychology in designing solutions to environmental problems.
19. Discuss the role of perception, cognition and attitudes in shaping public reactions to pollution.
20. Analyze the psychological stressors, particularly noise and its effects on individuals and social behavior in various settings.

**D-6586**

**Sub. Code**

**36343**

**DISTANCE EDUCATION**

**M.Sc.(Psychology) DEGREE EXAMINATION,  
DECEMBER 2024.**

**Fourth Semester**

**POSITIVE PSYCHOLOGY**

**(CBCS 2018 – 2019 Academic Year Onwards)**

**Time : Three hours**

**Maximum : 75 marks**

**SECTION A — (10 × 2 = 20 marks)**

**Answer ALL questions.**

1. Write a brief note on positive psychology.
2. What is eudaimonic happiness?
3. Enlist various negative emotions.
4. What is pessimism?
5. What is self-esteem?
6. What is Gratitude?
7. Write a note on REBT.
8. Define stress.
9. What is affect?
10. What do you mean by empathy?

SECTION B — (5 × 5 = 25 marks)

Answer ALL questions, choosing either (a) or (b).

11. (a) What are the assumptions of positive psychology?

Or

- (b) How can psychological well-being be enhanced?

12. (a) What is gainful employment? Explain.

Or

- (b) Bring out the characteristics of a mentally healthy person.

13. (a) Explain the sources of self-efficacy.

Or

- (b) Explain the process and steps of setting life goals.

14. (a) What are the internal barriers in developing strengths and virtues?

Or

- (b) Explain the symptoms of stress.

15. (a) Explain the biological factors influence happiness.

Or

- (b) How can gratitude be cultivated?

SECTION C — ( $3 \times 10 = 30$  marks)

Answer any THREE questions.

16. Explain broaden and build theory in detail.
  17. 'Parents play a key role to develop self-esteem of a child' – Respond.
  18. How can positive psychology be applied in education?
  19. Bring out various stress coping strategies.
  20. Elaborate the historical overview of positive psychology.
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**D-6587**

**Sub. Code**

**363441**

**DISTANCE EDUCATION**

**M.Sc.(Psychology) DEGREE EXAMINATION,  
DECEMBER 2024.**

**Fourth Semester**

**HEALTH PSYCHOLOGY**

**(CBCS 2018 – 2019 Academic Year Onwards)**

**Time : Three hours**

**Maximum : 75 marks**

**SECTION A — (10 × 2 = 20 marks)**

**Answer ALL questions.**

1. What is health psychology?
2. What is perception?
3. State six literacies of E-health.
4. What is CBT and BCBT?
5. List out the problems due to Hospitalization.
6. Define immunocompromise.
7. What are the signs and symptoms of Asthmatics?
8. Define the term 'Integrated Care'.
9. What is meant by Self-Regulation?
10. How does the W.H.O. define health?



SECTION B — (5 × 5 = 25 marks)

Answer ALL questions, choosing either (a) or (b).

11. (a) Explain the need and significance of health psychology.

Or

- (b) Discuss the types by body system.

12. (a) What are the goals of health psychology?

Or

- (b) Discuss the types of perception.

13. (a) What are the benefits of the biopsychosocial model in health psychology?

Or

- (b) Bring out the goals of health psychology.

14. (a) Discuss the two types of stress coping strategies.

Or

- (b) What is the relationship between stress and stressors?

15. (a) What are the five stages of change and the Trans – Theoretical Model TTM?

Or

- (b) Explain the self-regulatory model.

SECTION C — ( $3 \times 10 = 30$  marks)

Answer any THREE questions.

16. Describe the different patterns of stress management techniques.
  17. What is the relationship between health and illness according to the biomedical models?
  18. Bring out the health enhancing behaviour.
  19. Explain the Bruner's model of the perceptual process.
  20. Explain the PUD.
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**D-6588**

**Sub. Code**

**363442**

**DISTANCE EDUCATION**

**M.Sc.(Psychology) DEGREE EXAMINATION,  
DECEMBER 2024.**

**Fourth Semester**

**ORGANIZATIONAL PSYCHOLOGY**

**(CBCS 2018 – 2019 Academic Year Onwards)**

**Time : Three hours**

**Maximum : 75 marks**

**SECTION A — (10 × 2 = 20 marks)**

**Answer ALL the questions.**

1. What are the elements of organizational behaviour?
2. Define : group cohesiveness.
3. Write the types of powers.
4. Write the meaning of stress management.
5. What is meant by organizational climate?
6. Write the dimensions of organizational socialization.
7. What is meant by equal employment opportunity?
8. How will you manage organizational change?
9. Who are indisciplined employees?
10. List the types of organizational power.

SECTION B — (5 × 5 = 25 marks)

Answer ALL the questions, choosing either (a) or (b).

11. (a) Describe any one method to assess the impact of changes in an organization.

Or

- (b) How can power be seemed and used productively?

12. (a) Explain the sources of stress management.

Or

- (b) Bring out the significance of organizational culture.

13. (a) Briefly explain the decision making function of groups in an organization.

Or

- (b) Explain the role of rituals in helping employees adapt to the organisational culture.

14. (a) Discuss three goals of organizational behaviour.

Or

- (b) Write the characteristics of organizational power.

15. (a) Write the importance of teams.

Or

- (b) Briefly explain the sources of stress management.

SECTION C — ( $3 \times 10 = 30$  marks)

Answer any THREE questions.

16. Explain the factors of organizational commitment.
  17. Discuss the concept of conflict management within the context of organizational socialization.
  18. How do you deal with family problems at work? Explain.
  19. Explain the types and importance of group behaviour.
  20. Explain the models and perspectives of communication.
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